



Need an interpreter?


If English is not your first language, please let us know.



CONTACT US

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 West Moreton Health acknowledges the Jagera, Yuggera and Ugarapul people, Traditional Owners of the land, and pays respect to Elders past, present and emerging.

Prison Mental Health Service

Mental Health and Specialised Services

Transition Coordination Program:

Information for patients, families and carers



What is Transition Coordination?

Transition Coordination is a program that can help you transition from a Queensland Correctional Centre back into the community.

A Transition Coordinator will work with you for three months before discharge and for two weeks after.

The Prison Mental Health Services (PMHS) Psychiatrist working with you can refer you to the Transition Coordination program.

PMHS also has an Indigenous Mental Health Team that you can be referred to.

This program is voluntary, and you can choose whether you want to participate, and you can withdraw consent at any time.

What can we help with?

A Transition Coordinator can help you to develop a plan for discharge from custody. This may include supporting you with:

- Referral to our PMHS Indigenous Mental Health Team
- Referral to other cultural supports (e.g. CLO's, IMHIP, Gallang Place)
- Access to Aboriginal and/or Torres Strait Islander resources
- Finding accommodation
- Understanding legal processes
- Understanding mental health diagnosis, medications and self-care
- Referral to community mental health services and/ or a GP and psychologist
- Drug and alcohol support options
- Referral to other community services (e.g. RFQ, Mara, Crest, Sisters Inside)
- Organising discharge transport/support
- Centrelink, Department of Housing, NDIS



What does it involve?

- Referral from your PMHS Psychiatrist
- Meeting regularly with your Transition Coordinator to talk about your goals and support needs
- Agree to participate in the program

Who else is involved?

If you provide consent, a Transition Coordinator can also work with the following to support you:

- PMHS Indigenous Mental Health Team
- PMHS psychiatrists
- Cultural supports (e.g. IMHIP, CLO's, Sisters Inside, IUIH)
- Legal representatives (e.g. ATSILS)
- GP's or AMS's (ATSICHS, Yulu-Burri-Ba, Kambu, MATSICHS)
- Friends and/or family
- Sentence Management
- NDIS support coordinators
- Guardians/Public Trustee